

CURRICULUM VITAE

Personal Data

Name PD Dr. med. habil. Elisabeth Frieß
Address Max Planck Day Clinic for Psychiatry and Psychotherapy
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Nationality German

Work Experience

09/2020 Certification Trainer & Supervisor Schema Therapy (ISST)
2019 Publication of a Clinician's Guide to Group Schema Therapy in
Depression (German)
since 2014 Implementation of therapy focus in Schema Therapy
since 2004 Head of the Max Planck Day Clinic for Psychiatry and Psychotherapy
since 1998 Senior Physician Max Planck Institute of Psychiatry
1991 - 1998 Assistant Doctor Max Planck Institute of Psychiatry

Research Fields / University Degrees

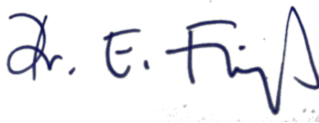
2006 - 2014 Research Group Leader "Genetics of Sleep in Humans"
2009 Habilitation Ludwig-Maximilians-University in Munich
"Neuroactive Steroids and Sleep: Quantitative Pharmacology and Sleep-
associated Hormone Secretion in Young Healthy Controls and Patients
with Depression"
1998 - 2006 Research Group Leader "Sleep and Cognition"
8/1991 - 12/1997 Scientific Associate, Max Planck Institute of Psychiatry
"Neurosteroids and Sleep in Humans"
8/1992 Doctorate Human Medicine, Technical University of Munich
"Postprandial Secretion of Satiety-Inducing Peptides during Fasting"
1/1990 - 7/1991 Scientific Associate, Institute of Clinical Chemistry and Pathobiochemistry,
Technical University of Munich
Research field "Brain-Gut Peptides and Appetite Regulation"

- 9/1988 - 12/1989 Doctoral Scholarship, Max Planck Institute of Psychiatry
"Sleep Structure and Dream Content in Patients with Neurotic versus
Endogenous Depression"
- 1988 Medical license Ludwig-Maximilians-University in Munich

Scientific Awards

- 6/2000 Research Award German Parkinson's Disease Society
(Regional Group Hannover)
"Elevated Apomorphine-induced Growth-Hormone Secretion in Patients
with Parkinson's Disease Compared with Multiple System Atrophy"
- 11/1998 Bernhard-von-Gudden Award, Ludwig-Maximilians-University in Munich
"Effects of Neurosteroids Dehydroepiandrosterone and Progesterone on
Sleep-EEG in Humans"

Munich, 02/23/2024

A handwritten signature in blue ink that reads "Dr. E. Frieß". The signature is written in a cursive style with a prominent vertical stroke at the end.

PD Dr. med. Elisabeth Frieß